

# Morocco 6-Day Desert: Marrakesh & Beyond – Packing Guide

## Ultra-Specific Packing Checklist

- Base layers: 3-4 technical or synthetic T-shirts; 1 long-sleeve UPF shirt.
- Mid-layers: 1 light fleece or thin sweater; 1 packable insulated jacket or hoodie.
- Outer shell: 1 windbreaker or soft-shell.
- Legwear: 2 trekking pants; 1 lightweight leggings or joggers.
- Evening comfort: 1 loose cotton trousers or harem pants.
- Footwear: 1 pair light hiking boots or sturdy trail runners; 1 pair sandals or flip-flops.
- Head & sun: Wide-brim hat or cap with neck flap; 1 lightweight scarf or shemagh.
- Eyewear: UV400 sunglasses.
- Hydration: 1 L reusable bottle plus carabiner.
- Tech: Power bank (10 000 mAh or larger); universal plug adapter (Euro type C).
- Lights: Headlamp (red mode ideal).
- Toiletries: Quickdry microfiber towel; solid shampoo or soap bars; SPF 50 sunscreen and SPF 30 lip balm.
- Health: Personal meds plus a basic first-aid mini kit (electrolytes, Imodium).
- Money & docs: Cash (MAD) and a backup card; passport plus two photocopies.
- Optional but awesome: Packable reusable shopping bag; compact binoculars.

## Do Women Need to Cover Their Hair?

- Short answer: No, not required in most tourist settings (Marrakesh, main desert camps, cafés).
- When it helps:
  1. Religious sites – covering shows respect.
  2. Traditional villages – a scarf helps blend in and keeps dust off.
  3. Practicality – scarf equals instant shade and dust barrier during dune treks.
- Bring at least one light scarf or sarong – great for sun and dust control.

## Overall Clothing Style Tips

1. Layer like an onion – temperatures swing from about 5 °C before sunrise to 28 °C afternoons.
2. Respectful length – keep knees and shoulders covered in rural spots.
3. Fabric matters – synthetics or merino for day, loose cotton or rayon for evenings.
4. Colours – earth tones hide dust; brights absorb heat but look great in photos.
5. Avoid overpacking – laundry services available in Marrakesh and some camps (around 30 MAD).

## Final Mini-Checklist Before You Zip the Bag

- Passport and cash in separate pouches
- Phone plus chargers and adapter
- Scarf or shemagh within reach (wear on plane)
- Boots loosened and packed socks on top
- Sunscreen in outer pocket, ready from Day 1